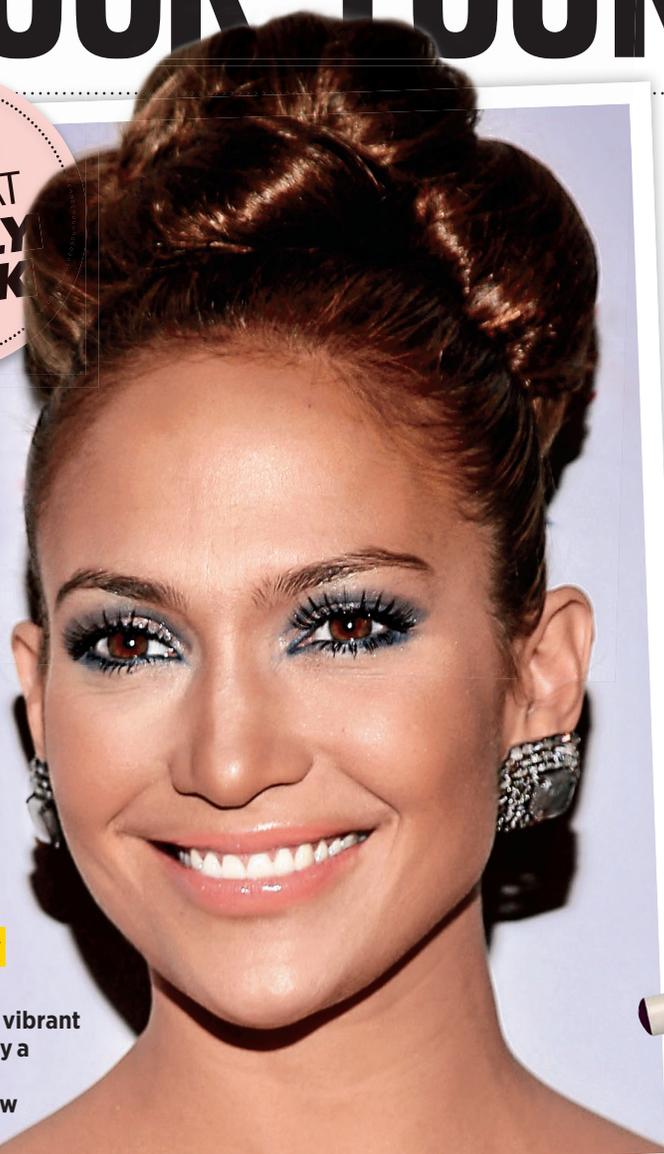


LOOK YOUR MOST BI

BEAUTY TIPS THAT REALLY WORK



Jennifer Lopez

For J. Lo's vibrant eyes, apply a matching eye shadow over liner.

Our experts answer your most pressing c

Q Every time I attempt to wear colored eyeliner, it looks so childish. How can I get it right?

A "I'd suggest a dark color, like indigo or teal — richer hues tend to look more chic and flatter all complexions!" says Jennifer Duvall, Athens, Ga.-based makeup artist and CEO of JennySue Makeup. "Also, stick with neutral makeup elsewhere to balance the color out!" Using a kohl eye pencil, which has a much softer effect than gel or liquid liners, begin rimming the liner as close to the lash line as possible. Then take a small angled brush and smudge the liner. Swipe on mascara to complete the look.

Expert Tip:

Filling your waterline with a dark brown eyeliner will add dimension and really make your eyes stand out!



e.l.f. Essential Brightening Eye Liner, \$1, eyeslipsface.com

Q My blush has been settling into my wrinkles and exaggerating them. Is there a fix for this?

A As we age, our skin becomes dry and dehydrated, which puts more emphasis on wrinkles. "Using a powder formula blush only makes it worse because powder likes to settle into creases, making skin look dull and matte," says Duvall. "Instead, opt for cream blush! The creamy consistency gives skin a natural, flushed effect and the perfect dewy glow!" For a silky smooth finish, apply tinted moisturizer onto skin first, then once it dries, dab cream blush onto the apples of cheeks. Ta-da!



Maybelline New York Dream Bouncy Blush, \$8, drugstores

Q My shampoo seems to be making my dandruff even worse. Help!

A Harsh chemicals in topical shampoos can cause the scalp to become flaky, so "make sure you're using hair products with natural ingredients, like chamomile, which soothes the scalp," says Staten Island, N.Y.-based hairstylist Louis Fedele of Bamboo Salon. You can also massage two tablespoons of lemon juice onto your scalp, then rinse with water. The acidity in lemons balances your scalp's pH, keeping dandruff at bay!



Isvara Organics Peppermint Chamomile Shampoo, \$12, iherb.com

GETTY (10)

BEAUTIFUL

g questions so every day can be gorgeous

Q I know I should be using lotion to keep my hands soft and smooth, but I hate how oily it makes my skin feel. What can I do?

A Try rejuvenating dry, dehydrated hands by exfoliating instead! Exfoliating regularly sloughs away dead skin cells and infuses skin with moisture. You can make a great at-home scrub with sea salt, brown sugar and honey. Brown sugar and sea salt act as natural exfoliators, and contain nutrients that promote skin health and circulation. And honey works to zap moisture back into skin! Rub the scrub onto your hands, letting it penetrate for at least five minutes before rinsing. For best results, exfoliate twice a week.



Q How can I know what color lipstick will look best on my skin tone?

A "Makeup is fun, so play around with colors until you find a shade — or a few shades — that you like best," says Duvall. "But here are a few rules of thumb: Neutral hues with a hint of peach flatter all skin types; rosy pinks warm up pale skin; golden reds look great on medium skin tones and deep berries are beautiful on tan or dark complexions!"



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